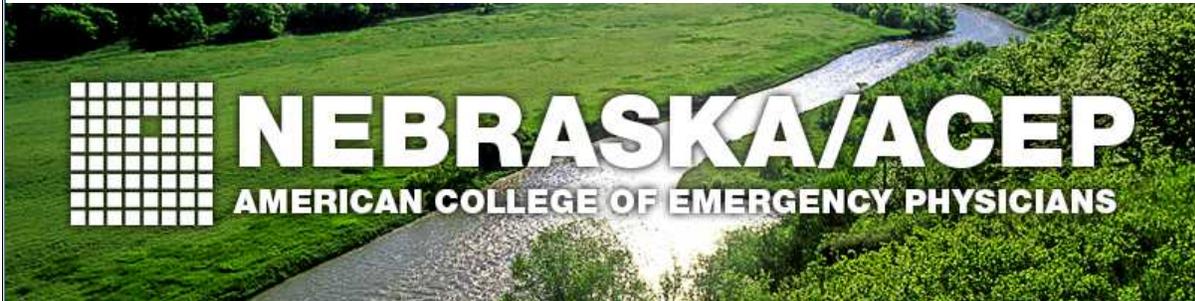


A Newsletter for the Members of the Nebraska Chapter

Spring 2017



**Laura Millemon, MD, FACEP**  
**President**

**[Joan Anderson, RN, MS](#)**  
**Executive Director**

**Phone: 402.483.4800**  
**Fax: 402.483.4802**

## **From the President** **Laura Millemon, MD, FACEP**

I had the opportunity to attend ACEP *Leadership and Advocacy Conference* in Washington D.C. in March. I was joined by UNMC emergency medicine resident, Nichole Schafer, MD to represent Nebraska. A blizzard hit Washington D.C. while we were there. At one point our visits to Capitol Hill were cancelled, then were on again. In a room full of hundreds of emergency physicians there was nobody complaining about the shifting plans and weather. We specialize in rolling with the punches, and that is what we did!

We met with Ben Sasse (R) Senator, Deb Fischer (R) Senator, and with staff of Don Bacon (R) House of Representatives 2nd district. Our primary talking points for ACEP were as follows:

Maintain emergency services as a covered benefit for any insurance plan.

Ensure the federal Prudent Layperson Standard extends to Medicaid fee-for-service and that compliance measures are in place for all other health plans.

Require health insurance transparency of data used to determine in- and out-of-network reimbursement rates for their patients' medical care. Ensure appropriate reimbursement rates for emergency services.

Eliminate need for prior authorization for emergency services and guarantee parity in coverage and patient co-payments for in- and out-of-network emergency care services.

Retain protections for pre-existing conditions, no lifetime limits and allowing children to remain on their parents' insurance plan until age 26.

Enact meaningful medical liability reforms, including protections for physicians who provide federally mandated EMTALA-related services, care for patients in a federally declared disaster area and who follow clinical guidelines established by national medical specialty societies.

Ensure any continuation or expansion of Health Savings Accounts (HSAs), Health Reimbursement Accounts (HRAs), Association Health Plans (AHPs), and Individual Health Pools (IHPs) provide meaningful health insurance benefits and coverage for individuals and families, including access to emergency care services.

Repeal the Independent Payment Advisory Board (IPAB) and the excise tax on high-cost employer health benefit plan. Delay repeal of the Center for Medicare and Medicaid Innovation (CMMI) until at least 2020 or amend to eliminate mandatory provider participation in Medicare models. This will allow an adequate transition period for the Transforming Clinical Practice Initiative (TCPI) grants aimed at lowering costs, improving health outcomes and delivering more effective care.

Acknowledge the role of freestanding emergency centers and other health care delivery models as crucial to encouraged coverage innovation.

Protect the most vulnerable populations in this country by making sure Medicare, Medicaid, and CHIP remain available and solvent for current and future generations.

We had meetings and interactive discussions about the mental health crisis in this country, the opioid epidemic, and how emergency physicians can help. There are communities in this country with a 50-60% narcotic dependence rate. Emergency departments partner with outpatient treatment centers and mental health clinics to assure treatment initiation and next day follow up. We discussed the mental health and addiction crises with our politicians as well. We emphasized how important it is to fund outpatient programs to prevent increased costs downstream, including inpatient care and time spent in the judicial and prison system. After meeting with our legislators, we were fortunate to get a tour of the Capitol from Don Bacon's chief of staff, Mark Dreiling.

As always, I left this ACEP conference feeling uplifted and invigorated. It is motivational to spend time with so many emergency physicians who have similar struggles and triumphs, and

new ideas for managing those struggles. We are all doing our best for our patients and it is important to have support from colleagues who understand what we encounter during every shift. It can be easy to lose focus and get bogged down in the frustrations of modern medicine. Remember to schedule time for your own well being and rejuvenation. For me this means exercise, scheduling time with family and friends, and spending as much time outside as possible. Consider joining the ACEP 911 Legislative Grassroots Network. You can sign up at [www.ACEPAdvocacy.org](http://www.ACEPAdvocacy.org). You will get a weekly email with updates about what is happening in Washington regarding healthcare. Invite a senator or representative to join you for a shift so they can see first-hand what our emergency departments are dealing with and accomplishing every day. Keep up the good fight!

**Our next Nebraska ACEP meeting is Tuesday, June 20, 2017, from 6:00 pm - 8:00 pm at Spezia Restaurant, 3125 S. 72nd Street in Omaha. Click [here](#) to RSVP to Joan Anderson if you plan to join us for updates, networking, and comradery.**

---

## Clinical News

### **Antibiotic Therapy for Abscesses Medical Dogma Challenged by Evidence-Based Research, Outcomes**

Have you wondered when you'd start to routinely confront superbugs resistant to multiple antibiotics in your emergency...

[Read more...](#)

### **Should Emergency Departments Do Fewer Red Cell Transfusions, More IV Iron?**

You might be surprised to learn that many of the patients who receive red cell transfusions in...

[Read more...](#)

### **Treatment for Acute Gastroenteritis, Acute Epididymitis in Pediatric Patients**

The best questions often stem from the inquisitive learner. As educators, we love, and are always humbled...

[Read more...](#)

---

## New! "ACEP Trauma, Stroke, and Cardiovascular CME Collection"

The "ACEP Trauma, Stroke, and Cardiovascular CME Collection" includes 48 lectures with downloadable syllabi that will help you meet your requirements.

Group pricing available.

[Learn More...](#)

---

Nebraska Chapter ACEP  
Lancaster County Medical Society,  
4600 Valley Road #250  
Lincoln, NE 68510

Copyright © 2016 Nebraska Chapter ACEP. All rights reserved.

```
<#assign b=Recipient.contact.acep_acepmembershipid.acep_membership.acep_statuscode[0]"Null"/>
```

```
<#if b == "Null">
```

Getting too many emails? Update your [ACEP Email Subscription Center](#) and select only what you want to receive.

Click [here](#) if you don't wish to receive these messages in the future. (You will be removed from all future email communications)

```
<#elseif Recipient.contact.acep_acepmembershipid.acep_membership.acep_statuscode[0] != "ACEP Active">
```

Getting too many emails? Update your [ACEP Email Subscription Center](#) and select only what you want to receive.

Click [here](#) if you don't wish to receive these messages in the future. (You will be removed from all future email communications)

```
<#elseif (Recipient.contact.acep_acepmembershipid.acep_membership.acep_statuscode[0] == "ACEP Active" &&  
Recipient.contact.acep_acepmembershipid.acep_membership.acep_currentmembertypecode[0] == "ACEP Candidate")>
```

Getting too many emails? Update your [EMRA Member Email Subscription Center](#) and select only what you want to receive.

Click [here](#) if you don't wish to receive these messages in the future. (You will be removed from all future email communications)

```
<#elseif Recipient.contact.acep_acepmembershipid.acep_membership.acep_statuscode[0] == "ACEP Active">
```

Getting too many emails? Update your [ACEP Member Email Subscription Center](#) and select only what you want to receive.

Click [here](#) if you don't wish to receive these messages in the future. (You will be removed from all future email communications)

```
</#if>
```

SAVE INBOX PREVIEW CHECK FREEMARKER

- Design
- Preview

- LAYOUTS

- CONTENT

- STYLES

## Edit Content

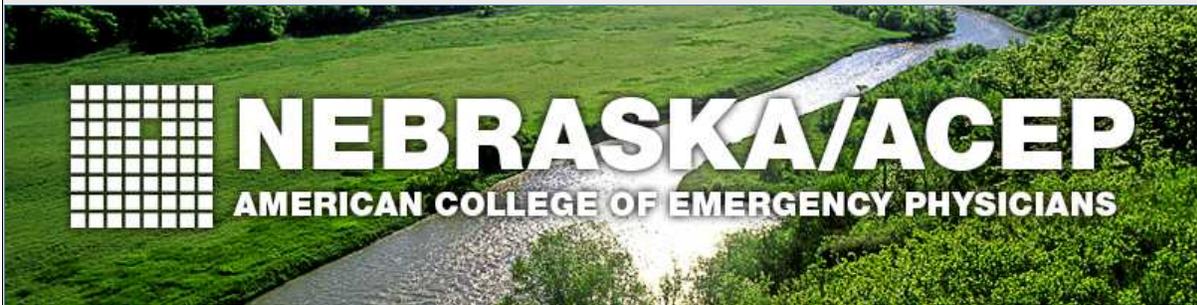
- Content

- Style



FormatFontSize

A Newsletter for the Members of the Nebraska Chapter



**Laura Millemon, MD, FACEP**  
**President**

**[Joan Anderson, RN, MS](#)**  
**Executive Director**

**Phone: 402.483.4800**  
**Fax: 402.483.4802**

### **From the President** **Laura Millemon, MD, FACEP**

I had the opportunity to attend ACEP *Leadership and Advocacy Conference* in Washington D.C. in March. I was joined by UNMC emergency medicine resident, Nichole Schafer, MD to represent Nebraska. A blizzard hit Washington D.C. while we were there. At one point our visits to Capitol Hill were cancelled, then were on again. In a room full of hundreds of emergency physicians there was nobody complaining about the shifting plans and weather. We specialize in rolling with the punches, and that is what we did!

We met with Ben Sasse (R) Senator, Deb Fischer (R) Senator, and with staff of Don Bacon (R) House of Representatives 2nd district. Our primary talking points for ACEP were as follows:

- Maintain emergency services as a covered benefit for any insurance plan.
- Ensure the federal Prudent Layperson Standard extends to Medicaid fee-for-service and that compliance measures are in place for all other health plans.

Require health insurance transparency of data used to determine in- and out-of-network reimbursement rates for their patients' medical care. Ensure appropriate reimbursement rates for emergency services.

Eliminate need for prior authorization for emergency services and guarantee parity in coverage and patient co-payments for in- and out-of-network emergency care services.

Retain protections for pre-existing conditions, no lifetime limits and allowing children to remain on their parents' insurance plan until age 26.

Enact meaningful medical liability reforms, including protections for physicians who provide federally mandated EMTALA-related services, care for patients in a federally declared disaster area and who follow clinical guidelines established by national medical specialty societies.

Ensure any continuation or expansion of Health Savings Accounts (HSAs), Health Reimbursement Accounts (HRAs), Association Health Plans (AHPs), and Individual Health Pools (IHPs) provide meaningful health insurance benefits and coverage for individuals and families, including access to emergency care services.

Repeal the Independent Payment Advisory Board (IPAB) and the excise tax on high-cost employer health benefit plan. Delay repeal of the Center for Medicare and Medicaid Innovation (CMMI) until at least 2020 or amend to eliminate mandatory provider participation in Medicare models. This will allow an adequate transition period for the Transforming Clinical Practice Initiative (TCPI) grants aimed at lowering costs, improving health outcomes and delivering more effective care.

Acknowledge the role of freestanding emergency centers and other health care delivery models as crucial to encouraged coverage innovation.

Protect the most vulnerable populations in this country by making sure Medicare, Medicaid, and CHIP remain available and solvent for current and future generations.

We had meetings and interactive discussions about the mental health crisis in this country, the opioid epidemic, and how emergency physicians can help. There are communities in this country with a 50-60% narcotic dependence rate. Emergency departments partner with outpatient treatment centers and mental health clinics to assure treatment initiation and next day follow up. We discussed the mental health and addiction crises with our politicians as well. We emphasized how important it is to fund outpatient programs to prevent increased costs downstream, including inpatient care and time spent in the judicial and prison system. After meeting with our legislators, we were fortunate to get a tour of the Capitol from Don Bacon's chief of staff, Mark Dreiling.

As always, I left this ACEP conference feeling uplifted and invigorated. It is motivational to spend time with so many emergency physicians who have similar struggles and triumphs, and new ideas for managing those struggles. We are all doing our best for our patients and it is important to have support from colleagues who understand what we encounter during every

shift. It can be easy to lose focus and get bogged down in the frustrations of modern medicine. Remember to schedule time for your own well being and rejuvenation. For me this means exercise, scheduling time with family and friends, and spending as much time outside as possible. Consider joining the ACEP 911 Legislative Grassroots Network. You can sign up at [www.ACEPAdvocacy.org](http://www.ACEPAdvocacy.org). You will get a weekly email with updates about what is happening in Washington regarding healthcare. Invite a senator or representative to join you for a shift so they can see first-hand what our emergency departments are dealing with and accomplishing every day. Keep up the good fight!

**Our next Nebraska ACEP meeting is Tuesday, June 20, 2017, from 6:00 pm - 8:00 pm at Spezia Restaurant, 3125 S. 72nd Street in Omaha. Click [here](#) to RSVP to Joan Anderson if you plan to join us for updates, networking, and comradery.**

---

## Clinical News

### **Antibiotic Therapy for Abscesses Medical Dogma Challenged by Evidence-Based Research, Outcomes**

Have you wondered when you'd start to routinely confront superbugs resistant to multiple antibiotics in your emergency...

[Read more...](#)

### **Should Emergency Departments Do Fewer Red Cell Transfusions, More IV Iron?**

You might be surprised to learn that many of the patients who receive red cell transfusions in...

[Read more...](#)

### **Treatment for Acute Gastroenteritis, Acute Epididymitis in Pediatric Patients**

The best questions often stem from the inquisitive learner. As educators, we love, and are always humbled...

[Read more...](#)

---

## **New! "ACEP Trauma, Stroke, and Cardiovascular CME Collection"**

The "ACEP Trauma, Stroke, and Cardiovascular CME Collection" includes 48 lectures with downloadable syllabi that will help you meet your requirements.

Group pricing available.

[Learn More...](#)

---

Nebraska Chapter ACEP  
Lancaster County Medical Society,  
4600 Valley Road #250  
Lincoln, NE 68510

Copyright © 2016 Nebraska Chapter ACEP. All rights reserved.